

Breakfast menu

Breakfast is available in the tidal room & on the terrace for those who are non-residents

Full English £10.95
Pork sausage & back bacon, crispy black pudding, slow cooked tomatoes, baked beans, field mushrooms, hash brown, choice of free range eggs & white or granary toast

Smoked salmon & scrambled eggs £8.50
Sourdough toast

Eggs on toast £4.45
Your choice of free range eggs on either white or granary toast

The vegetarian £5.95
Your choice of free range eggs, slow cooked tomato, field mushroom, hash brown, baked beans & white or granary toast

Bacon or Sausage sandwich £4.95
*Back bacon or pork sausage
White or granary bread*

Eggs benedict £6.50
English muffin, ham, poached eggs & hollandaise sauce

Eggs royale £8.45
English muffin, smoked salmon, poached eggs & hollandaise sauce

Fluffy pancakes £6.00
Maple syrup & fresh fruit compote

Granola, yoghurt & honey £4.95
Maple & banana or strawberry, Greek yoghurt & honey

Crushed avocado & poached eggs £6.95
Sourdough toast

Gluten free bread & soya milk available on request

Available from 7:30 am until 10:30 am weekdays and 8:00 am until 10:30 am weekend

Hot & Cold Drinks

Fruit Juice £2.00
Orange, apple, cranberry

teapigs, per person £2.55
Everyday Brew, Darjeeling Earl Grey, Mao Feng Green Tea, Super Fruit,
Chamomile Flower, Peppermint Leaves, Lemon Ginger, Silver Tips White Tea,
Chocolate & Mint, Jelly & Ice Cream, Honeybush & Rooibos (*naturally caffeine free*),
Rooibos Crème Caramel (*naturally caffeine free*), Spiced Winter Red Tea

Cafetiere of coffee	per person	£2.95
Espresso	single £1.80	double £2.50
Americano		£1.95
Cappuccino		£2.50
Latte		£2.60
Macchiato	double	£2.60
Flat white		£2.75

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