

BREAKFAST MENU

Breakfast is available in the tidal room & on the terrace for those who are non-residents

Full English	£10.95
<i>Pork sausage & back bacon, crispy black pudding, slow cooked tomatoes, baked beans, field mushrooms, hash brown, choice of free range eggs & white or granary toast</i>	
Smoked salmon & scrambled eggs	£8.50
<i>Sourdough toast</i>	
Eggs on toast	£4.45
<i>Your choice of free range eggs on either white or granary toast</i>	
The vegetarian	£6.95
<i>Your choice of free range eggs, slow cooked tomato, field mushroom, hash brown, baked beans & white or granary toast</i>	
Bacon or Sausage sandwich	£4.95
<i>Back bacon or pork sausage White or granary bread</i>	
Eggs benedict	£6.50
<i>English muffin, bacon, poached eggs & hollandaise sauce</i>	
Eggs royale	£8.45
<i>English muffin, smoked salmon, poached eggs & hollandaise sauce</i>	
Fluffy pancakes	£6.00
<i>Maple syrup & fresh fruit compote</i>	
Granola, yoghurt & honey	£4.95
<i>Maple & banana or strawberry, Greek yoghurt & honey</i>	
Crushed avocado & poached eggs	£6.95
<i>Sourdough toast</i>	
<i>Gluten free bread & soya milk available on request</i>	

Hot & Cold Drinks

Fruit Juice £2.00
Orange, apple, cranberry

teapigs.

per person £2.55

Everyday Brew, Darjeeling Earl Grey, Mao Feng Green Tea, Super Fruit,
 Chamomile Flower, Peppermint Leaves, Lemon Ginger, Silver Tips White Tea,
 Chocolate & Mint, Jelly & Ice Cream, Honeybush & Rooibos (*naturally caffeine free*),
 Rooibos Crème Caramel (*naturally caffeine free*), Spiced Winter Red Tea

Cafetiere of coffee	per person	£2.95
Espresso	single £1.80	double £2.50
Americano		£2.00
Cappuccino		£2.50
Latte		£2.60
Macchiato	double	£2.60
Flat white		£2.75