

BREAKFAST MENU

Breakfast is available in the tidal room & on the terrace for those who are not hotel guests.

Full English	£9.95
<i>Michael's pork sausage & back bacon, crispy black pudding, slow cooked tomatoes, baked beans, field mushrooms, potatoes, choice of free range eggs & white or granary toast</i>	
Smoked salmon & scrambled eggs	£6.95
<i>Sourdough toast</i>	
Eggs on toast	£4.45
<i>Your choice of free range eggs on either white or granary toast</i>	
The vegetarian	£5.95
<i>Your choice of free range eggs, slow cooked tomato, field mushroom, potatoes, baked beans & white or granary toast</i>	
Bacon or Sausage sandwich	£4.95
<i>Back bacon or Michael's pork sausage White or granary bread</i>	
Eggs benedict	£6.50
<i>English muffin, ham, poached eggs & hollandaise sauce</i>	
Fluffy Pancakes	£6.00
<i>Maple syrup & fresh fruit compote</i>	
Smoked Haddock	£6.95
<i>Poached eggs, chive, hollandaise sauce</i>	
Granola, yoghurt & honey	£4.00
<i>Fludys spiced granola, Greek yoghurt, & honey</i>	
Porridge, <i>cooked to your liking</i>	£3.50
Cinnamon French toast,	£6.00
<i>Crispy bacon, banana & maple syrup</i>	

Gluten free bread & soya milk available on request

Available from 7:30 am until 9:30 am weekdays and 8:00 am until 10:30 am weekend